Rosemary Garlie SPELT BREAD

Adapted from New York Times Cooking

Bake at 450°F • Bake Time: 40 Minutes • Loaf Pan

2 Cups Spelt Flour

1 Cup All Purpose Flour

1½ Cups Warm Water

1/4 Teaspoon Instant Yeast

1 Teaspoon Salt

2 Teaspoons Fresh Rosemary, minced

5-6 Garlic Cloves, minced

In a large bowl, combine all dry ingredients, rosemary and garlic. Create a well in the middle of the dry mixture, and pour in the warm water. Mix until everything is combined. Cover with plastic wrap and let rest overnight (12-18 hours). The dough should look wet and bubbly in the morning. Lightly flour the edges of the bowl and the bottom of a loaf pan. Turn dough onto a floured surface and shape into a loaf shape and add to the loaf pan. Cover with towel and let rise for 2 hours. Pre-heat oven to 450 degrees and bake for 40 minutes, or until beautifully browned. Let cool and enjoy! emelia lirdo 20